holdsworth
Aged Care at Home

1 October 2026

Support at Home
Price List

The rates in this guide are drawn from your government subsidy, along with any contribution based on your means.

Independence

Social Support, Transport and Wellbeing therapies.

Everyday Living

Domestic Assistance, Meals and Gardening and Home Maintenance.

Clinical Supports

Personal Care, Nursing, Allied Health and Care Management.

CONTRIBUTION CATEGORY

Independence

SERVICE	WEEKDAY 6am-8pm	WEEKDAY 8pm-10pm	SATURDAY	SUNDAY	PUBLIC HOLIDAY
Individual Social Support (up to 10km included)	**$110**	**$128**	**$152**	**$186**	**$219**
Individual Social Support (over 11km included)	**$126**	**$146**	**$173**	**$212**	**$250**
Group Social Support	**$21**/hr	–	–	–	–
Holdsworth Community Transport	**$65**/trip	–	–	–	–
Remedial Masseuse	**$200**/hr	–	–	–	–
Acupuncturist	**$230**/hr	–	–	–	–

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CONTRIBUTION CATEGORY

Everyday Living

SERVICE	WEEKDAY 6am-8pm	WEEKDAY 8pm-10pm	SATURDAY	SUNDAY	PUBLIC HOLIDAY
Domestic Assistance (up to 10km included)	$110	$128	$152	$186	$219
Domestic Assistance (over 11km included)	$126	$146	$173	$212	$250

Meal Delivery

	MAIN MEAL	SOUP / SNACKS	DESSERT
Standard	$12	$6	$4
Premium	$18	$8	$6

By quotation via your Care Partner

- Domestic Assistance (Third Party Provider)
- Home Maintenance and Repairs
- Gardening

CONTRIBUTION CATEGORY

Clinical Supports

SERVICE	WEEKDAY	SATURDAY	SUNDAY	PUBLIC HOLIDAY
Personal Care	$110 6am-8pm $128 6pm-10pm	$128	$186	$219
Registered Nurse	$181	$213	$257	$271
Physiotherapist	$260	–	–	–
Exercise Physiologist	$260	–	–	–
Occupational Therapist	$260	–	–	–
Podiatrist	$180	–	–	–
Dietician or Nutritionist	$270	–	–	–
Speech Pathologist	$270	–	–	–
Allied Health (Wellbeing) Group with Transport, 2 hours	$70/hr	–	–	–
Allied Health (Wellbeing) Group no Transport, 2 hours	$50/hr	–	–	–
Care Management (10% of Support at Home funds allocated to Care Management)	$150/hr	–	–	–

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