holdsworth
Home Cuisine

Who can order?
Available only to seniors receiving the Commonwealth Home Support Program (CHSP) with a **Meals** or **Meal delivery** code.

- Don't have a Meals or Meal delivery code? Call us to assist you with My Aged Care (MAC) on **02 9327 2361.**

Choose your meals
- 5 x main meals, or
- 3 x main meals + 3 x soups + 3 x desserts
- **Important:**
  - Orders must be placed by 1pm Monday for Friday delivery
  - Order a minimum of 5 meals to qualify for free delivery.
- **Please note:** All meals are delivered frozen

Meal pricing
- Main meal: $8.00 each
- Soup: $3.20 each
- Dessert: $3.70 each

Delivery information
- Order by Monday at 1pm for delivery the same week on Friday. You will receive a text message on Thursday with your delivery time window.
- FREE delivery

Payment methods
- Direct debit (preferred) or credit card by calling **02 9327 2361**.
- Invoices are issued at the end of each month

Need help or have a question?
- For any questions, please call us on **02 9327 2361**. If we're unavailable to take your call, please leave a message with your details, and we'll return your call as soon as possible.

02 9327 2361

homecuisine@holdsworth.org.au



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How to order your meals:
02 9327 2361 or email
homecuisine@holdsworth.org.au

When to order:
Place your order by Monday 1 pm

BEEF (MAIN)

	Beef stroganoff
	Slow cooked beef w/ pepper gravy
	Sausages with onion gravy
	Beef bourguignon
	Roast beef
	Shepherd's pie
	Rissoles with mash & gravy
	Hearty beef casserole
	Spaghetti bolognaise
	Corned beef
	Beef lasagne
	Irish stew

FISH/SEAFOOD (MAIN)

	Parmesan crusted fish
	Curried prawns with pilaf rice
	Fisherman's pie
	Spaghetti w/ creamy garlic prawns
	Tasmanian salmon w white wine sauce
	Tuna mornay
	Special fried rice

CHICKEN (MAIN)

	Butter chicken
	Chicken & cashews
	Honey soy chicken
	Roast chicken with mushroom sauce
	Rosemary & garlic chicken w/ potato bake
	Apricot chicken
	Sweet & sour chicken
	Roast chicken
	Chicken parmigiana
	Chicken schnitzel & gravy
	Chicken in creamy white wine sauce
	Chicken bosciola pasta
	Chicken in creamy white sauce
	Creamy chicken boscaiola pasta
	Roast turkey, gravy & cranberry sauce

LAMB

	Roast lamb
	Slow cooked lamb



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PORK (MAIN)

	Pork scallopini
	Roast pork
	Spaghetti carbonara

VEGETARIAN (MAIN)

	Homestyle macaroni cheese
	Tortilla stack
	Pesto fettuccine
	Roasted Mediterranean vegetable ravioli
	Honey soy tofu & vegetables
	Vegetarian spaghetti bolognaise
	Japanese vegetable stir fry w/ udon noodles
	Vegetarian chilli beans w/ tumeric rice
	Greek style lentils
	Spinach & ricotta tortelloni



In partnership with
My Choice
by Lite n' Easy

SOUP

	Creamy tomato soup
	Pumpkin soup
	Pea & ham soup
	Potato & leek soup (V)
	Chicken & sweet corn soup
	Beef & barley soup
	Chicken noodle soup
	Seafood chowder
	Creamy chicken & mushroom soup

DESSERTS

	Vanilla custard
	Rice pudding
	Apricot pudding
	Sticky date pudding with custard
	Lemon sponge with custard
	Apple & cinnamon crumble
	Blueberry-apple rice pudding
	Bread & butter pudding
	Cherry & raspberry crumble
	Tropical cheesecake crumble
	Blueberry cheesecake crumble
	Strawberry cheesecake crumble